



- ★ On-Field Practice Sessions.
- ★ Designed for specific age groups.
- ★ ASA travel teams used for the practice session.
- ★ All sessions are free and open to all ASA coaches.
- ★ No pre-registration needed, just show up!
- ★ Observe the activities and coaching points.

U9 Boy's Coach – **Frank DeMarco** (*USSF 'A' License*)

U9 Girl's Coach – **Jawed Sanie** (*NSCAA License*)

U10 Boy's Coach – **TJ White** (*USSF 'A' License*)

U10 Girl's Coach – **Erik Footland** (*USSF 'A' License*)

U11 Boy's Coach – **Mo Tayari** (*NSCAA License*)

U11 Girl's Coach – **Joe Dougherty** (*USSF 'C' License*)

U12 Boy's Coach – **Tony Damiani** (*USSF 'D' License*)

U12 Girl's Coach – **Gayle Wilson** (*USSF 'A' License*)

Tuesday, March 15. **u9 Girls** Practice Session
Williamsburg MS #3. 5:30pm

Friday, April 1. **u10 Girls** Practice Session.
Bluemont Junction Field. 5:00pm

Thursday, March 17. **u12 Girls** Practice Session.
Va Highlands Field. 5:00pm

Wednesday, April 6. **u10 Boys** Practice Session.
Fields Park. 5:30pm

Wednesday, March 23. **u11 Boys** Practice Session.
Gunston MS. 5:00pm

Friday, April 8. **u9 Girls** Practice Session.
Fields Park. 6:00pm

Friday, March 25. **u9 and u11 Girls** Practice Session.
Va Highlands Field. 6:30pm

Tuesday, April 12. **u9 Boys** Practice Session.
Fields Park. 5:30pm

Tuesday, March 29. **u9 Boys** Practice Session.
Fields Park. 5:00pm

Wednesday, April 13. **u10 Girls** Practice Session.
Williamsburg MS #3. 5:00pm

Tuesday, March 29. **u12 Boys** Practice Session.
Fields Park. 6:30pm

Friday, April 15. **u11 Girls** Practice Session.
Va Highlands Field. 6:30pm

Thursday, March 31. **u12 Girls** Practice Session.
Gunston MS. 5:00pm

All ASA coaches are welcome to attend the practice and observe the sessions. The travel team coach(es) may have time to speak with the coaches attending; but may be busy working with their players.

Thursday, March 31. **u12 Boys** Practice Session.
Gunston MS. 6:30pm

For more information, contact Bob Bigney at:

coachbob@arlingtonsoccer.com